

## Useful Contact numbers for GPs/ Patients:

**Alabare Include** [www.alabareinclude.com](http://www.alabareinclude.com) Tel: 01380 738602

### **Autism Assessments**

GP Referral to Wiltshire Autistic Diagnostic Service (WADS) Tel: 01722 820371

**British Association for Counselling & Psychotherapy** [www.bacp.co.uk](http://www.bacp.co.uk)

**Combat Stress** helpline: 0800 138 1619 [www.combatstress.org.uk](http://www.combatstress.org.uk)

**Cruse** [www.cruse.org.uk](http://www.cruse.org.uk) Tel: 0844 4779400 / 01722 411938

**SPLITZ Support Service** [www.splitz.org](http://www.splitz.org) Tel: 01225 775276  
<http://www.freedomprogramme.co.uk>

**Eating Disorder Service** (Cotswold House) GP referral to: 01865 904099

### **Help for Heroes 'Hidden Wounds'**

[www.helpforheroes.org.uk/get-support/access-h4h-hidden-wounds](http://www.helpforheroes.org.uk/get-support/access-h4h-hidden-wounds) Tel: 01980 844 300

**Learning Difficulties Team** (Wiltshire Council) Tel: 0300 4560100

Advocacy Service Tel: 01380 871900 [www.wiltshirepeoplefirst.org](http://www.wiltshirepeoplefirst.org)

**Mind Counselling service/ carer's service/ drop ins** Tel: 01225 706532

**PCLS** (Primary Care Liaison Service) Tel: 01380 737840 / 01722 820372

**Rethink** [www.rethink.org/trowbridgeandsouthwest](http://www.rethink.org/trowbridgeandsouthwest) Tel: 07881 875847

**Relate** [www.relate.org.uk](http://www.relate.org.uk) Tel: 0300 003 1781 / 01305 257206

**Richmond Fellowship** Tel: 01380 722800

**South West Veterans (AWP)** [www.swveterans.org.uk](http://www.swveterans.org.uk) Tel: 0300 555 0112

**Talk Zone** [www.relatemidwiltshire.co.uk](http://www.relatemidwiltshire.co.uk) Tel: 0300 003 1781

**Turning Point** [www.turning-point.co.uk](http://www.turning-point.co.uk) Tel: 0345 603 6993

**Wiltshire Addiction Support** (WASP) [www.addiction-support.co.uk](http://www.addiction-support.co.uk) Tel: 01225 775558

**Victim Support** Tel: 01380 738838

**Wiltshire Carers Support** [carersinwiltshire.co.uk](http://carersinwiltshire.co.uk) Tel: 01380 871690

**Wiltshire Health Trainers** Tel: 0300 0034566

**Wiltshire Wildlife Trust** [wellbeing@wiltshirewildlife.org](mailto:wellbeing@wiltshirewildlife.org) Tel: 01380 725670